

Food Service News

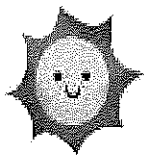
Lunch Prices 2018-2019

Elementary Student Lunch:	\$2.40 per day
Middle/High Student Lunch:	\$2.60 per day
Student Breakfast all schools:	\$1.30 per day
Ala Carte Milk all schools:	\$.50 each

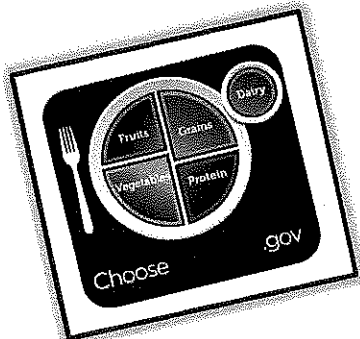
Students receiving reduced price meals will pay
\$.30 cents for breakfast and \$.40 cents for lunch.

Debit or Credit payments can be made online at
www.k12paymentcenter.com

You can also set up low balance notifications at this website.
Or you can make payments by sending in a sealed envelope with
your student's name written on the envelope.



take time for
school
BREAKFAST



Applications for Free and Reduced Meals

Applications for the 2018-19 school year will be accepted
starting July 1, 2018. Applications must be filled out each
school year. Any household receiving TANF or SNAP benefits
automatically qualify for free meals and textbook assistance.

Please feel free to contact the Food Service Office.

Haley Cross, Food Service Director
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Beth Rees, Food Service Secretary
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Office Phone Number: 287-8567
Office Fax Number: 213-2128

This institution is an equal opportunity provider.

Did you know?

Each DelCom cafeteria follows strict nutrient guidelines set by the United States Department of Agriculture and the Indiana Department of Education. A complete elementary lunch must fall between 550-650 total calories with less than 1,230 milligrams of sodium. All grain items must be whole grain rich.

We also follow “smart snack” guidelines for any item sold a la carte. Each item must be less than 200 calories and contain less than 230 milligrams of sodium. Each item must be whole grain rich and have zero trans-fat. Below is a list of items that might be available to your student, depending on which elementary they attend.

Items for \$0.50:

Baked Chips/Cheetos
Reduced Fat Doritos
Goldfish Puffs
Whole Grain Cookie
Fruit Roll Up
Sour Nuggets (fruit snack)
Frozen Fruit Cup
Yogurt/Go-Gurt
Small 100% Juice
Capri Sun
Small Water

Items for \$0.75

Popcorn
Fruit Snacks
Whole Grain Brownie

Items for \$1.00

Frozen Slushie
Switch (sparkling 100% Juice)
Large Water



Please contact the food service department with any questions or concerns.
This institution is an equal opportunity employer.