

## **Athletic Physical Forms**

Students annually must submit a completed IHSAA Physical Exam form and several additional forms to be eligible to begin practicing for a school sport.

### **Here are some guidelines to follow:**

1. The current year IHSAA Physical Form must always be completed on hard copy. It can never be completed online.
2. A new program, called **Final Forms**, is being tested this year and will be in effect for all Delta sports in 2018. This program enables all forms (other than the actual IHSAA Physical) to be completed online by parents and students.
3. Here are two instruction forms that explain how to use Final Forms:  
[How to Sign Up for a Parent Account](#)  
[How to Register Your Student\(s\)](#)